

Peace Within
Peace Throughout

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What do you want to learn?

How to create a culture of peace in an lower elementary class?

How to create a culture of peace in an upper elementary class?

How to be the school administrator who increases the presence of peace education in their school?

How to be the teacher educator who promotes better inclusion of peace education in his program?

Goals

- To raise awareness of how to create a calmer, more peaceful self who can create calm and caring environments for children ages 6-12.
- To promote the importance of creating a culture of peace within your school community.

-To provide peace activities for children and adults to use in the classroom/school community.

Montessori's Thoughts on Peace

"Peace is a practical principle of human civilization and social organization "that is based on the very nature of man. Peace does not enslave him; rather, it exalts him... And because it is based on man's nature, it's a constant universal principle that applies to all human beings. This principle must be our guide in building a science of peace and educating men for peace." - Maria Montessori (Education of Peace)

Peace Throughout Cosmic Education

Montessori's mandates for peace education

Integration of her thoughts throughout the Cultural studies

Peace Throughout Cosmic Education

Our challenge is to constantly create a culture of peace during our daily routine of teaching.

Need for synchronicity of peace within the environment and all we do

Peace Within

Peace Within: Taking time for Inner

Reflection

Peace Within: Mentally Embracing the
for Peace

Concept to Educate

Definition of Embrace:

To Ignite

To Instigate

To Hold passionately

Peace Within: Keeping the Inspiration Alive

Readings on Peace

Staff Meetings

Seminars

Personal Conversations

Peace Retreats

Peace Within: Being Intentional in Our

Effort to Educate for Peace

Thinking diligently to keep peace education on the surface amongst ALL the curriculum in the elementary classroom

Peace Within: Practicing Gratitude

What Good Is Gratitude

Gratitude allows celebration of the present

Gratitude blocks toxic emotions like envy, resentment, regret, depression

Grateful people are more stress-resilient

Gratitude strengthens social ties and self-worth

Peace Within: Embracing Diversity

Peace Within: Becoming a Steward
of the Earth

Peace Within: Operating from a position of
Love/Courage versus Fear

Why we operate out of fear!

View of personal failure

Administrator's views

Parent's views

Staff's views

Peace Within: Dispelling Negativity

What we think is who we become...

Peace Within: Positive Thinking

Peace Within: Practicing Mindfulness

Mindfulness

Mindfulness Quote

Peace Within: Power of Breathing

Peace Within: Becoming the Model
in the Community

Peace Within: Becoming a Model
in our Community

Are we mentally aware of the effects of our digital fingerprint?

Peace Within: Keeping Ourselves Motivated

Dealing with Stress

Understanding Burnout

Finding Balance

Physical Needs

Emotional/Social Needs

Spiritual Needs

Peace Within: Forgiveness

Peace Within...

Spiritual Transformation results when all

*the above components
are embraced and practiced.*

Peace Throughout

Peace Throughout-Class/School Community

Physical Needs must be met first

Nutrition

Rest

Medical Needs

Safety

Need for Movement

Peace Throughout-Class/School Community

School Gatherings

Peace Celebrations

Sing Along

Earth Day Events

Opening Day

Celebrations

Peace Throughout-Class/School Community

Resolving Conflicts

Between two individuals

VOMP

Vent

Own

Move in the other person's shoes (empathy)

Plan

Classroom concerns

Community Meetings

Peace Throughout-Class/School Community

Peacemakers

Peace Throughout-Class/School Community

Ground Rules

Responsibilities

Peace Throughout-Class/School Community

Parent Education

Community School Meetings

Newsletters

Peace Curriculum Night

Website

Peace Throughout-Self-Awareness

Space/Time for reflection

Forgiveness

Self-Love

Resiliency Activities

-I Can, I Am, I Have discussions and poetry

Peace Throughout: Self Awareness

Care for Oneself

Compassion/Empathy

Stress Management

Character Building Discussions

Peace Throughout: Self Awareness

Medicine Wheel

Mindfulness Activities

Literature, Music, Poetry

Movement, Yoga

Resources for Students who Struggle

Peace throughout Cultural Studies

Needs of People

Heritage Celebrations

Multicultural Fairs

Peace throughout Cultural Studies

Peace Throughout: Environmental Studies

Sense of Wonder

Nature Field Trips

Biography of Naturalists

Gardening

Camping

Peace throughout Cultural Studies

Music Literature Writing Movement Drama

Art

Peace throughout Cultural Area

Montessori Model UN

GPAC

Classroom Studies of UN

History and Activity

Peace Throughout: Local, Global Outreach

Service Learning

Pen Pals

Literature, Music, Writing

Adopt a school, classroom or student

Exchange Teacher Program

What components make up Culture of Peace?

Break-Out Discussion Question

Break into groups of five individuals and discuss the following:

From the material presented, what can you implement in your classroom?

What resources do you need to make this happen?

Identify a spokesperson from your group to share your ideas.

Monthly Peace Activities-Fall

September

October

November

Grace and Courtesy Exercises

Community Meeting Etiquette

Responsibility at School

International Peace Day

Self-Awareness Activities

Self-Portraits

Exploration of Feelings

I Statements

United Nations Study

Character Development

Medicine Wheel

Gratitude

Positive Thinking

“I can”

“I am”

Communities

Monthly Peace Activities-Winter

December

January

February

Cultural Awareness Activities

Holiday Studies

Needs and Wants

Cultural Awareness Activities-cont

Martin Luther King

People Who Changed the World

“I have people who love me”

“I have people who help me”

Non-Verbal Communication

Personal Hygiene

Service Projects

Monthly Peace Activities-Spring

March

April

May

Environmental Awareness

Ecology Studies

Gardening

Environmental awareness-cont

Gardening

Earth Day

Discussion on Personal Development in terms of Peace education

Setting Goals

Gratitude